

Our PPG aims are:

To give patients a voice and help the Practice to deliver the best service for patients.

To promote good health for both our patients and the wider community.

A reminder that last year we were the most outstanding patient group in the UK!

Yes we were!

We won the Corkhill award, given by The National Association of Patient Participation Groups.

Let's keep up the good work!

"Well done" and "Thank you" to all who have helped and supported us!

WORKING TO SUPPORT YOU AND THE PRACTICE

We are still working with the practice to streamline the appointments system. We are getting some positive feedback but sometimes the queues are rather long. The practice is working hard to improve this and the appointments system generally

We have contributed to the development of smooth running for ordering repeat prescriptions

We are continuing to work with the practice and EMIS the service provider to improve the features of the online access to medical records. EMIS have not been very cooperative. We are now looking at the benefits of "Evergreen" as an access system.

We have continued to encourage patients to sign up for records access.

We have been part of the discussions for a more "joined up" health and social care service in Tameside. This would integrate health and social care and make it safer and more convenient for patients. This is very exciting and we are hoping that it is funded properly

Through the weekly emails and social media, we have promoted ideas for healthy activities. These have included information on Grafton House, Hattersley Hub, Tai chi, running and walking groups and all kinds of exercise classes.

Dominic Sexton has played a part in getting the local [parkrun](#) started. It has had a great first year and now a Junior 2k parkrun has also been launched for the younger runners.

Myself and others have spoken at many national and international conferences about online access to records and the patient view of healthcare Some of us are on You tube!



David Dickinson is part of the Greater Manchester Information Management and Technology Board & says it is very interesting and useful.

Dominic Sexton is a member of the Patient Participation and Involvement forum at the University of Manchester's Health e-Research Centre (HeRC). HeRC focusses on the use of technology and health or lifestyle data analysis to improve knowledge about health. The forum regularly helps researchers to get a greater understanding of the general public's perception of their research proposals and how their results can be presented for greater understanding outside the academic community.

Myself and Penny Noel are members of Health Innovation Manchester which is set up to bring new ideas quickly to fruition across Greater Manchester. It's very interesting & we hope to talk to you about it soon.

I am now part of the patient group at the RCGP (Royal College of General Practitioners). It's a marvellous opportunity to put forward the patient view as GP services are being developed nationally.

LOCAL LIAISON

I am the chair of the Hyde and Hollingworth PPG cluster group which gives us an opportunity to share ideas and concerns. It also means that I am part of the local GP group where we discuss the development of local services and common problems. Through this network we can put our views forward to any organisations who are developing local services.

LANGUAGE SUPPORT WORKSHOPS

We are continuing our partnership with Hyde Community Action who support our local Asian Community. We have run a second course for 16 women who have limited English. The group were taught how to access their GP, how to sign up for online services, records access and how to use their "My Medication Passport". They also learned about how to use the pharmacy, library and help other members of their family. They all thought it was very valuable and we have a waiting list for future courses! We need to raise some money so we can "roll it out". Locally, the courses for teaching English as a second language have been cut so it's vital we help families make progress towards independence in our community.

DEMENTIA AWARENESS

One of our members Cathy Lewis Dobson has trained as a dementia awareness champion. She has worked with staff in the practice to raise awareness. She has also run courses for PPG members and other patients. She has done training for other local practices and groups. She will be continuing with more sessions for practice patients. We are hoping to work with the local Dementia Alliance to become officially a "Dementia friendly" practice

MY MEDICATION PASSPORTS

We are continuing to distribute the "My Medication Passports". If you haven't seen one yet, they are a great little booklet where you can keep all your current medical information. Perfect for doctor & hospital appointments, holidays and



reminding yourself or other members of the family or people you care for what your current medication is. If you haven't got one yet, then ask at reception! They are free!

FOODBANK

We are continuing to collect for our local food bank. Our special effort at Christmas produced a boost to donations. Thank you Eric....

HEALTH PLEDGE

Can we persuade you to make a health pledge?

One of our campaigns is still Health Pledge. We all need to make the best choices we can to keep well.

The idea of Health Pledge is to choose a small thing that we can do to improve our health . Then we can go onto our website www.healthpledge.co.uk and pledge to do it.....it's as simple as that! It's just like a New Year Resolution but more powerful as we have made a public pledge.

Why not make a pledge now?

Self Care Days

We have also had several stalls in the Clarendon Shopping Centre in Hyde and on the market. The Public Health Team were there to do health checks and we were on hand to distribute My Medication Passports and talk about good health choices. We also promoted Bowel Cancer screening, Diabetes awareness, Food smart app, healthy recipes, Local activities especially the Grafton Centre

As you can see, as a PPG we are very busy. Is there anything you could do to help? We need more people.

We do have monthly meetings but you don't need to come. You can do things in your own time and keep in touch by email

We want to reach out to younger people.....can you help with that?

Do you have any skills we could use? Marketing, publicity, display, newsletter production? Are you good at doing presentations? Are you good at fund raising?

Do you have a particular interest eg diabetes or stroke support that you would like to pursue?

Get in touch if you would like to talk through how you may help. Email address below

I would like to thank all the PPG members and the practice staff for their support, co-operation and encouragement.

Ingrid Brindle and the rest of your PPG team

SOHOW DO YOU THINK WE ARE DOING?

Email us with your thoughts and ideas

htmcppg@gmail.com

