

Haughton Thornley Medical Centres is allowing YOU to access YOUR MEDICAL RECORDS for FREE

Get
e**MPOWERED**
today

www.htmc.co.uk

The world's first health 2.0 website

e-mail htmcpatient@nhs.net

Medical
Patient and the Public
cOmmunication
World wide web
Electronic
Record

Tick which of these apply to you:

- Are you a new patient that has just registered with the practice?
- Do you suffer with a serious condition that requires regular checkups with the doctor or nurse ?
- Have you been in hospital recently with a serious health problem?
- Are you going to the hospital for regular check-ups or awaiting test results?
- Are you due to go on holiday soon or do you travel away from home a lot?
- Are you not sure about what is going on with your health and want to know more?
- Have you ever done a search on the internet whether related to health or not?
- Would you like to be able to see your medical records but do not know how to?

If you ticked any of these boxes then you should sign up for access to your records

The practice website, www.htmc.co.uk, shows you how to do all these things:

- Book routine appointments with the doctor of your choice on-line any time day or night
- Order repeat prescriptions on-line any time day or night from anywhere in the world
- Learn about the advantages as well as some of the issues relating to records access
- Watch videos of Dr Hannan and his patients describing the issues relating to access to records
- Store your own blood pressures on HealthSpace
- Review consultations immediately afterwards or later when you want
- See test results as soon as they are available
- See letters from the hospital as soon as they arrive in the surgery and are made available
- Learn how you are doing compared with other patients in the practice with a similar condition
- Learn what choices you have about your care
- Set e-mail reminders for appointments via HealthSpace
- Find out where you are on the Map of Medicine
- Learn how to schedule appointments with the right person at the right time
- Sign up for regular newsletters from the practice
- Learn what the Patient Participation Group is doing and what it can do for you and send messages back to them for them to consider
- Send blogs for other patients to see about how access to your records is benefiting you
- Learn about how safe your sex life is or what your Body Mass Index is

What you need to do to access this FREE SERVICE

1. Ask the receptionist for your PIN NUMBERS – do this NOW before you see the doctor / nurse
2. Write your name, date of birth, telephone and e-mail address below
3. We will send you an e-mail giving you more details about accessing your medical records
4. You will need to fill out a QUESTIONNAIRE that shows you have understood the issues about access to your medical records
5. You will also need to sign a CONSENT form
6. You will also need to write an 8 character PASSWORD which you will need to access your record
7. Hand the QUESTIONNAIRE and the CONSENT form in to the surgery

LIBRARY COURSE FOR BEGINNERS

We have set a course up with Hyde library teaching patients how to switch a computer on, go onto the internet and learn about their health. There are 6 lessons in total lasting 2 hours each, once a week.

For further details please ring Gillian or Tania on 0161-343-8899